

breakaway

Packing List for the Ladies

■ Clothes for water, wildness, and worship!

What should I wear? At camp, you are going to have **FIVE DAYS** of great activities! We want to make sure you are prepared for whatever comes your way! **Bring a cute swimming suit!** A one piece or a tankini would be best for splashing around in the water games! **Don't forget to pack clothes you can play in and get dirty** (there are no washing machines at camp so bring a few options). Finally, bring some **nice clothes** for the night time services. You don't have to look your Sunday best, but make an effort to dress up a little :)

■ \$\$\$ Spending Money \$\$\$

Should I bring spending money? All of your meals starting Monday night are included with your registration so if you forget to bring money, have no fear, you will live. However, you can bring some extra cash for the **late night café** if you want some yummy ice cream or for the **camp store** where you can get a bunch of great stuff! Most importantly, at some point during the week, an offering will be taken for **Speed the Light** so **don't forget to set some money aside to help out our really great missionaries!**

■ Sleep & Shower

What do I need to bring for our room? At night you are going to be staying in a nice, air conditioned room but you will need to bring your own **sleeping bag and pillow** (or a **set of twin sheets and blanket**). If you get cold easily, then you might want to bring some cozy sweats and a hoodie. For the bathroom, bring your own **soap, shampoo, conditioner and a couple of towels**. It might be a good idea to pack **a pair of flip flops you can wear in the shower** too. Lastly, bring **a plastic bag you can put your dirty clothes into...** It helps!

■ Anything Else?

What else should I remember? Breakaway is going to be an amazing week and **God is going to do some incredible things in your life!** Bring a **journal and a bible** so you can write down some of the great things God is doing for you while at camp! **Make the most of every opportunity** by making new friends, having a blast during the games, losing yourself in worship, and meeting with God every chance you get! **This is going to be the greatest week of your life!**

See the other side for a packing checklist and some "girl tips"

Girl Tip #1 Avoid the Wardrobe Malfunction!!!

Remember Ladies, **Bikinis, spaghetti straps, short shorts and skirts, cutoff shirts that show off sports bras, and plunging neck lines are not allowed at camp.** It's not because we don't want you to look super cute... (and we know you will anyway) we just want you to **avoid the dreaded WARDROBE MALFUNCTION** oh no!! You will be playing a bunch of games in the water and on land where you will be bending, stretching, jumping and running. Even during the evening services you will be active in worship and we want everything to stay where it is supposed to stay :) **When packing, make sure your clothes cover the 4 B's.** (Butt, Boobs, Bra and Belly).

Girl tip #2 Make room for God

Keep the distractions away! **Set some boundaries up ahead of time.** Tell your man and the friends with drama that **you need some space** this week... trust me, you will be so glad that you did!

Girl Tip #3 Keep it Super Safe!

Be smart with your valuables! **If you don't absolutely need it at camp, don't bring it!** Take only what you need when you leave your room. There aren't any completely secure places to leave your things if you want to play games or go swimming so **think twice before leaving your room with your prized possessions.** Oh... and before I forget, **turn in ALL MEDICINE to the camp nurse.** Even if it's a little embarrassing :) (don't worry, the nurse is super sweet and she will keep all of your medication a secret)

Girl tips

Girl Tip #4 Color Coordinate

Don't forget! **Pack to match!** When you find out your team color try to bring clothes and crazy accessories that will **show your team spirit!** Not only will you have a blast dressing up with everybody else on your team, but **you can score major points for your color!** You can also **bring items to decorate your room,** just remember, **no duct tape, spray paint, or colored hair spray** (that stuff can cause damage to the room).

Clothes for 5 days (dressy and messy)

Team Color clothing and accessories

Socks & Underwear

Gym Shoes

Swimming Suit (modest)

2 Towels

Plastic bag (for dirty clothes)

Sleeping Bag or twin set & pillow

Shampoo & Conditioner

Bath Soap

Shower rag or Luffa

shaving razors (cream)

Toothbrush

Toothpaste

Deodorant

Personal Hygiene

Hair Products

Medication (turn in to nurse)

Contacts

Contact Solution/Case

Sunglasses

Sun Block

Room Decorations

Bible

Journal

Spending Money

STL Offering